

Cascade Valley Figure Skating Club

PRESENTS

2017 Cascade Ice Classic



Compete USA (Basic Skills) Competition
Non Qualifying Competition
National Solo Dance Competition Series
Synchronized Team Exhibition

SnoKing Ice Arena, 12620 164th Ave SE, Renton, WA 98059

April 29-30, 2017

Entry Deadline: 11:59PM March 25, 2017

Sanctioned by:



General Competition Information

The Cascade Ice Classic will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website. This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

SERIES INFORMATION: This Non-Qualifying competition has been approved by U.S. Figure Skating as part of the National Solo Dance Series. We are also offering Learn To Skate USA (Basic Skills) events, including adults, Well Balanced and Test Track singles freeskiing, compulsory moves, jumps, spins, showcase, pairs freeskiing and solo ice dancing.

Entries

The entry process will be by **online entry only via Entryyeeze**. Please see the club website at <http://www.cascadevalleyskating.com/index.html> or <http://comp.entryeeze.com/Home.aspx?cid=355> to begin the entry process. **Deadline for entries is 11:59PM March 25, 2017.** Late entries will be accepted at the discretion of the referee and the Registrar and will be subject to a **\$25 late entry fee. No entries will be accepted after the draw has been completed.**

Privacy Policy

Personal information provided to the host club on the entry form will not be sold or distributed for commercial use.

Fees – Will be collected at time of registration via Entryyeeze

Event Description	First Event	Additional Event
(6.0) Singles freeski (Well Balanced No-test through Pre-Juvenile, Test Track No-Test through Senior, and Adult), Spins, Jumps, Compulsory, Showcase (Light Entertainment and Dramatic)	\$75	\$35
(IJS) Singles freeski (Open Juvenile through Senior freeski and Intermediate thru Senior Short Program)	\$85	\$35
Pairs freeski events (Pre-Juvenile through Senior Freeski and Novice through Senior Short Program)	\$90 (\$45 per skater)	\$50 (\$25 per skater)
National Solo Dance Series Solo Pattern Dance (consists of 2 dances)	\$80 (\$45 when combined with any other event)	
National Solo Dance Series Combined Dance event (consisting of one pattern dance and a free dance, or a short dance and a free dance)	\$95	
National Solo Dance Series Shadow Dance event (consisting of one pattern dance)	\$90 (\$45 per skater)	
Learn to Skate USA – All ages, including adults	\$50	\$30
Synchro Team Exhibition ONLY	\$60 for up to 8 skaters	\$5/person additional skater

ELIGIBILITY/TEST LEVEL

Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.

Age restrictions/requirements: Skaters entering juvenile free skate events (Test Track and Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Test Track and Well Balanced Program), must be at least 14 years of age at the close of entries.

Skaters entering beginner–open-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

Refunds

Refunds will be issued in accordance with Rule 3047 and only if the event is not held. In any event with only one entry,

the skater will be offered the choice of either competing as an individual competitor in accordance with Rule 3045A without a refund, or withdrawing from the event and receiving a refund. All refunds, minus the online process fee, will be returned to your credit card within 30 days of the end of the competition based on determination of the LOC that a refund is due. **The online processing fee is not refundable for any reason. No refunds will be issued for injuries.**

Facility

SnoKing Ice Arena is located at 12620 164th Ave SE, Renton, WA 98059. The Arena has two ice surfaces. The large oval 180 ft. x 85 ft. with slightly rounded corners surface will be used for the competition and some practice ice. An additional surface, oval 135 ft. x 60 ft. will be available for unofficial practice throughout the event.

Music

Music shall be reproduced by CDs only (no CD/RWs or DVDs). Cassette tapes will not be accepted. CDs must contain only one cut of music. The CD must be clearly labeled in ink (Sharpie pen) with the skater's name, his/her professional's name, the event, and the music run time. CD must not have any type of small label attached. All competitors must have an extra copy (CD) available rink side during their event. Once the CD is turned in at the official registration desk, it will not be returned until the event is completed. Cascade Valley Figure Skating Club or SnoKing Ice Arena will not accept responsibility for breakage, damage, or loss, but will take every precaution to safeguard music media.

ISU Judging System (IJS)

All short program and free skating Well Balanced Singles events at the Open-Juvenile through Senior levels will be judged in accordance with the ISU Judging System (Rule 1070). All other events will be judged in accordance with the 6.0 Judging System (Rule 1060), and as otherwise specified in this announcement. The Referee reserves the right to use the 6.0 system for an event if IJS-qualified officials are unavailable.

All Skaters in the Juvenile freeskate and Intermediate through Senior short program and freeskate Well Balanced Singles events are required to submit the **PLANNED PROGRAM CONTENT FORM**. **A \$25 processing fee will be charged for any Planned Program Content Form not received at the time of registration.**

Registration

The official registration desk will be located at the SnoKing Ice Arena beginning at least one hour before the first event. All competitors are required to register as soon as possible after arrival at the rink. Competition CDs are to be turned in at this time.

Practice Ice

Reservations for all practice ice must be made and paid in advance via Entryeeze. Practice sessions will be held each day of the competition. Practice ice will be \$15 per 30-minute session for the larger ice surface and \$10 per 20-minute warm-up session on the smaller ice surface. Requests for practice ice should be made as part of the registration form, and one practice session per event entered will be anticipated, but not guaranteed. **The LOC will assign ALL practice ice requests.** No music will be played during practice sessions. Extra sessions may become available after the schedule is determined. These openings will be sold on a first-come, first-served basis at a cost of \$20 per 30-minute session for larger ice surface and \$15 per 20-minute warm up session for the smaller ice surface. The ice monitor may be contacted during practice sessions to request additional time. Practice ice schedules will be available on Entryeeze. Information will not be available by phone. There will be no refunds for skaters who do not show up for their reserved practice session, and practice sessions are not transferable to another skater. Practice ice schedules will be posted on the club website at <http://www.cascadevalleyskating.com/index.html>

Videotaping & Photography

A professional video company and photographer will be at the rink as approved LOC vendors. ALL award winners are encouraged to pose for the group picture, even if you do not plan to purchase a picture. All other videotaping and photography is restricted to hand-held battery operated equipment, without tripod on behalf of a relative (son/daughter) skater, and is permissible only from the bleacher area. No videotaping or photography is allowed from rink side.

Videotaping of any skater other than your own is strictly prohibited. Please be courteous to those viewing the event. Solicitation by any photographer or agent of anyone to be the subject of still or video photography is not permitted. For safety reasons, no flash photography during the event is allowed.

Awards

Awards will be presented at the photographer's table immediately after the official posting of the results for each event. Awards distribution is outlined in each applicable section of this announcement. All Learn to Skate USA participants will receive an award.

Admission

No admission will be charged. All events are open to spectators.



Official Notices

An official bulletin board will be maintained at the competition site. The official schedule showing starting times for each event and the draw will be posted on the bulletin board. The official schedule supersedes all other schedules. Notices posted on this bulletin board are considered as sufficient notice to all competitors. Skaters are to be in the rink and ready to skate 60 minutes before their event is scheduled to begin. Events will not be delayed for skaters who arrive late. Decisions by the Referee in all matters will be final.

Coaches' Registration / Credentials

In accordance with current rules, all coaches participating in this event must be registered with U.S. Figure Skating. For more information on the registration process, please visit www.usfigureskating.org. All registered coaches will be provided with a credential. Every coach in attendance will be required to check in at the registration table and must show a picture I.D. to receive their credential. It is strongly recommended that each coach also bring any registration confirmation materials. Coaches must wear their badge at all times when coaching skaters at rink side of a sanctioned competition. Monitors will be instructed to ensure that anyone standing rink side has their credential.

Officials

Competition officials will be selected in accordance with Rule 3030, except that officials for Learn to Skate USA events will be selected in accordance with Rule 3120.

Referee

The decision of the Referee on all matters will be final. The Referee, along with the LOC, shall have the right to exclude any person(s) whose behavior is unruly or unsportsmanlike.

Accommodations

When calling for hotel accommodations, inform the hotel you are with the "Cascade Ice Classic" ice skating event.

Hilton Garden Inn

1800 NW Gilman Blvd
Issaquah, WA 98027
425-837-3600

Holiday Inn

1801 12th Ave NW
Issaquah, WA 98027
425-392-6421/800-860-7715

Embassy Suites

3225 158th Ave SE
Bellevue, WA 98008
425-644-2500

For further information regarding this announcement, please contact:

Referee:

Mike Bauer - mikengineersk8@comcast.net

Accountant:

Anita Conrad – nicetogs@hotmail.com

Registrar:

Michelle Wang – michellewang.cvfsc@outlook.com

Competition Co-Chair:

Molly Jensen – mkjensen@yahoo.com

Michelle Wang – michellewang.cvfsc@outlook.com

NON-QUALIFYING COMPETITION GENERAL INFORMATION

This competition is open to qualified skaters who are registered members of the U.S. Figure Skating. This is a non-qualifying competition and will be governed by the current U.S. Figure Skating Rulebook except as modified by this announcement and US Figure Skating Rulebook errata as posted on the US Figure Skating website. In particular, competitors in Juvenile through Senior short program and freeskating Well Balanced events are referred to the Technical Notification website posted on the US Figure Skating website.

The Referee and LOC reserves the right to combine Ladies and Men's events where permitted by the current U.S. Figure Skating Rulebook. Any singles skater may enter one event level higher than the event for which he/she qualifies based on the skater's current U.S. Figure Skating test level. Skaters must skate U.S. Figure Skating elements for the Short Program as written for the 2017-2018 season in the current U.S. Figure Skating Rulebook. For Intermediate singles freeskating, this includes the short program and freeskating step sequence and program time changes that take effect February 1, 2017. For pairs, test level is governed by the partner with the higher test.

Events with large numbers of entries may be split into multiple, equal-sized groups at the discretion of the Referee and LOC. In such cases, events will be split by age for Beginner through Open Juvenile and Adults, by draw for Juvenile through Senior.

All singles and pairs events are final rounds – there are no qualifying rounds.

AWARDS

Awards will be presented to the first four placements in each event immediately after the official posting of the results.

Event Qualifications & Specifications

Test Track AND Well Balanced Free Skate: Cascade Valley Figure Skating Club is offering both options for Free Skate events. Skaters need to choose one track or the other; they may **NOT** enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.

Compulsory Moves: Age and test requirements are the same as Free Skate. Compulsory moves will be skated without music in a program format. Required moves may be done in any order, without stops between elements. Each additional or repeated element will be penalized by (.2). Connecting footwork is allowed but may not include half jumps. Combination jumps may not have a change of foot or turn between the jumps. Skaters will receive one mark overall from each judge for Technical Merit. Events will be skated on a half-sheet of ice. Ladies and men may compete with each other at the discretion of the Referee.

Jump Challenge: Age and test requirements are the same as Free Skate. No music will be played. Jumps may be skated twice and in any order. The better of the two jump attempts for each required jump and combination would be judged. If a skater is satisfied with the 1st jump attempt, then the 2nd attempt is not required. In situations where the skater is given the choice of the jumps to be performed, the first attempt will determine the jump to be judged; the skater will not be allowed to change jumps on the second attempt. Event will be skated on one half (1/2) of the ice surface for Pre-Preliminary through Pre-Juvenile and full ice surface for Juvenile/Open-Juvenile through Intermediate. The judges will award one mark overall to each skater for technical merit. Ladies and men may compete with each other at the discretion of the Referee.

Spins Challenge: Age and test requirements are the same as Free Skate. No music will be played. Spins must be skated exactly as stated but may be skated in any order. Connecting steps may be used but will not affect the score. Event will be skated on one half (1/2) of the ice surface. The judges will award one mark overall to each skater for technical merit. Ladies and men may compete with each other at the discretion of the Referee.

Solo Pattern Dance: Each solo dance event will consist of two pattern dances. While this event is affiliated with the National Solo Dance Series, the events are open to all qualified skaters, and entrants in these events are not required to be participants in the National Solo Dance Series. The solo pattern dances specified for the Solo Pattern Dance event are separate from and are not affiliated with the National Solo Dance Series Combined Event. Men shall skate the Men's steps and ladies shall skate the ladies steps.

Shadow Dance: This event is affiliated with the National Solo Dance Series, and is open only to those qualified skaters who have registered separately through US Figure Skating to participate in the National Solo Dance Series in the Shadow Dance event. This event consists of a team of two skaters skating one pattern dance in a shadow formation. Both skaters shall skate the ladies steps.

National Solo Dance Series Combined Event: This event is affiliated with the National Solo Dance Series and is open only to those qualified skaters who have registered separately through US Figure Skating to participate in the National Solo Dance Series in the Combined Event. This event consists of an initial round of one pattern dance or a short dance and a final round of free dance. Men shall skate the Men's steps and ladies shall skate the ladies steps.

Showcase: Showcase events consist of two categories – Light Entertainment Showcase and Dramatic Showcase. Except as otherwise specified in this announcement, Light Entertainment showcase and Dramatic showcase events will be conducted in accordance with the Non-qualifying Showcase Competition Guidelines as published by US Figure Skating and posted under the National Showcase Program category on the US Figure Skating website:
<http://www.usfsa.org/Programs.asp?id=308>

Light Entertainment Showcase is defined as skating skills choreographed to express comic, casually entertaining, or serious dramatic themes. Props are not required but are allowed in accordance with the Non-qualifying Showcase Competition Guidelines cited above, including restrictions on type, set-up and removal.

Dramatic Showcase is defined as skating skills choreographed to emotionally express the skater's chosen theme. Props are not required but are allowed in accordance with the Non-qualifying Showcase Competition Guidelines cited above, including restrictions on type, set-up and removal.

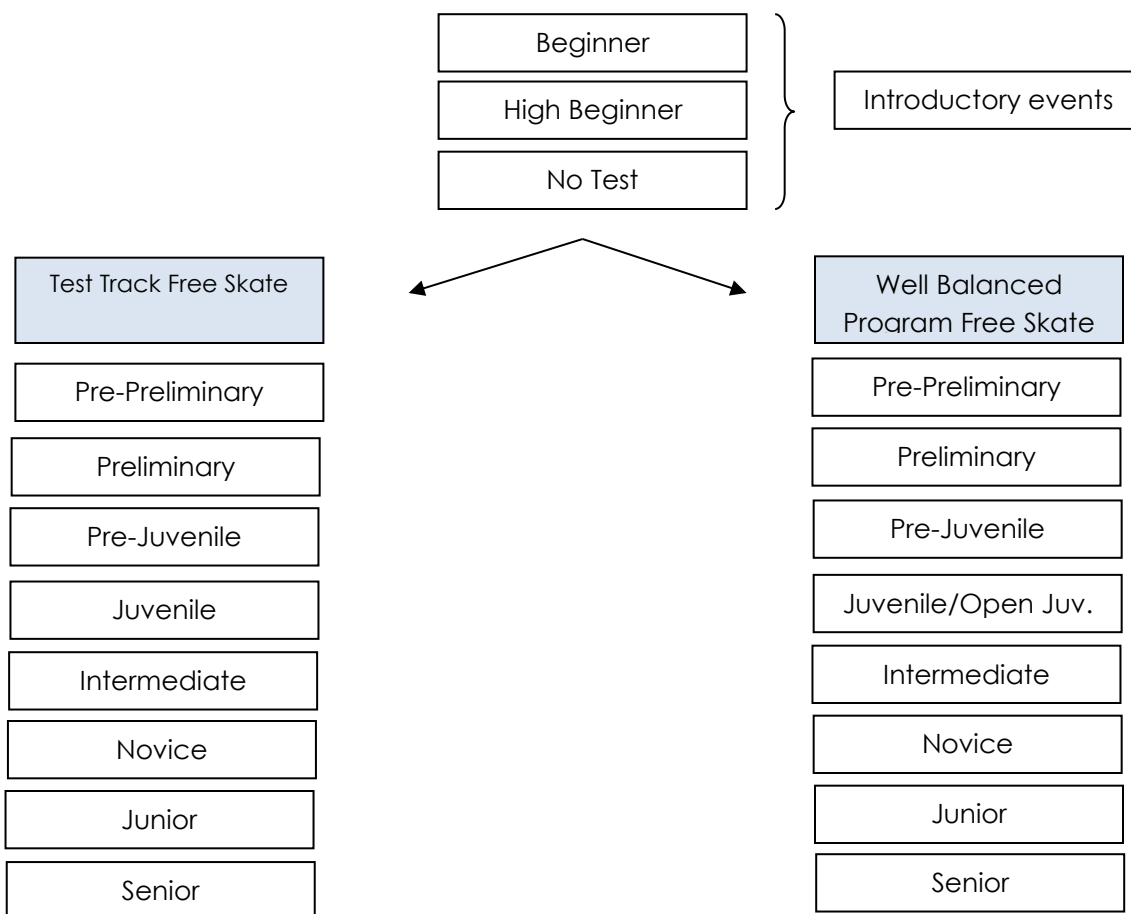
Ladies and men will compete against one another in showcase events. Showcase events of different levels may be combined at the discretion of the Referee. Jumps are not restricted because technical difficulty is not evaluated. However, unintended falls, poorly executed skating elements and obvious loss of control will be detrimental to the evaluation of the performance. Music may be instrumental or vocal. The costume restrictions of Rule 4030 do not necessarily apply, provided that the Non-qualifying Showcase Competition Guidelines cited above are fully adhered to.

Showcase events will be judged in accordance with the Non-qualifying Showcase Competition Guidelines cited above. Each judge will award one mark to each skater for Program Components.

Synchronized Team Exhibition: Synchronize skating is a team sport in which 8-20 skaters perform a program together. It is characterized by teamwork, speed, intricate formations and challenging step sequences. Elements in synchronized skating include blocks, circles, wheels, lines, intersections, moves in the field, moves in isolation, no-hold step sequences, spins and pairs moves. This event is offered as an exhibition only; no judging or critiques will be available.

SINGLES FREE SKATING EVENTS

See current rulebook or click [here](#) for current rules and requirements. Illustration of Singles Free Skating Events:



Event: Test Track Free Skate

General event parameters:

1. Skaters may not enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or “skate up” to one level higher. Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
4. Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
5. The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:40 maximum	<i>Maximum of 5 jump elements:</i> <ul style="list-style-type: none"> • Jumps with not more than one-half rotation (<i>front to back or back to front including half-loop</i>) • Single rotation jumps: Salchow, toe loop and loop only. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<i>Maximum of 2 spins:</i> <ul style="list-style-type: none"> • Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test



Level	Jumps	Spins	Step Sequences	Qualifications
Preliminary 1:30	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> • Jumps with not more than one rotation (no Axels). • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> • One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions) • One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot) 	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> • Jumps with not more than one rotation (no Axels). • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> • One spin in one position, no change of foot (Min. 3 revolutions) • One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly. 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test
Juvenile 2:15	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> • Any single jumps, including Axel, are permitted. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> • One solo spin in one position, no change of foot (Min. 4 revolutions). • One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot) • Only solo spin may fly 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test
Intermediate 2:40	<p><i>Maximum of 6 jump elements:</i></p> <ul style="list-style-type: none"> • Any single jumps. • Double jumps permitted: double Salchow and double toe loop. • Maximum of 3 jump combinations or sequences • Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> • One must be a flying spin (min 5 revolutions), • One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot). 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test

Level	Jumps	Spins	Step Sequences	Qualifications
Novice Ladies: 3:00 Men: 3:30	<i>Maximum of 7 jump elements for men and 6 for ladies:</i> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow, double toe loop and double loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<i>Maximum of 3 spins, of a different nature:</i> <ul style="list-style-type: none"> One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot) The other spins are the option of the skater (min 6 revolutions per foot) All spins may fly 	One step sequence or spiral sequence fully utilizing ice surface (see rule 4104 & 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test
Junior Ladies: 3:30 Men: 4:00	<i>Maximum of 8 jump elements for men and 7 for ladies:</i> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<i>Maximum of 3 spins of a different nature:</i> <ul style="list-style-type: none"> One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot) 	One step sequence fully utilizing ice surface (See rule 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test
Senior Ladies: 4:00 Men: 4:30	<i>Maximum of 8 jump elements for men and 7 for ladies:</i> <ul style="list-style-type: none"> Any single jumps. Must include at least four different double jumps, one must be a double Lutz. Triple jumps are not permitted Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<i>Maximum of 3 spins of a different nature:</i> <ul style="list-style-type: none"> One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot) 	<i>Men:</i> Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks) <i>Ladies:</i> One step sequence of advanced difficulty, covering the full ice surface and either one spiral sequence or choreographic sequence. (See rule 4104 & 4105 for remarks.)	Skaters must have passed at least the U.S. Figure Skating junior free skate test

Event: Well Balanced Singles Free Skating

General Event Parameters:

1. Skaters may NOT enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
2. 2017-18 Single Free Skate Requirements –This chart has been updated with changes from the U.S. Figure Skating Governing Council and ISU Congress that went into effect July 1, 2016. Please follow link below to the chart:
<http://www.usfsa.org/content/2016-17%20Singles%20FS%20Chart%20v4%20Intermediate%20Changes.pdf>

Adult: Age 21 & Over Time (max) Free Skate

Adult Pre-Bronze – Rule 4600	1:40
Adult Bronze - Rule 4590	1:50
Adult Silver - Rule 4580	2:10
Adult Gold - Rule 4570	2:40
Masters - Intermediate and Novice Rule 4540	3:10
Masters - Junior and Senior Rule 4510	3:40

2017-18 Adult Singles Free Skating Requirements – This chart has been updated with the changes from the U.S. Figure Skating Governing Council that went into effect July 1, 2016. Please follow link below to the chart:

<http://www.usfigureskating.org/content/2016-17%20Adult%20Singles%20WBP%20Chart%20v1.1.pdf>

Event: Singles Short Program:

2017-18 Singles Short Program Requirements – Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc. This chart has been updated with changes from the U.S. Figure Skating Governing Council and ISU Congress that went into effect July 1, 2016 and the Intermediate singles short program content and time changes that take effect February 1, 2017. Please follow link below to the chart:

<http://www.usfigureskating.org/content/2017-18%20Singles%20SP%20Chart%20v1.pdf>

(Intermediate short program – Rule 4230, Novice short program – Rule 4220, Junior short program – Rule 4210, Senior short program – Rule 4200)

Event: Singles compulsory moves:

General Event Parameters:

1. Learn to Skate USA – Juvenile: Elements skated on ½ ice
2. Intermediate – Senior: Elements skated on full-ice
3. Elements may be performed only once
4. Music is not allowed

Level	Time	Skating rules/standards
Pre – Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single Toe Loop 2. Jump combination: single/single (no Axel) 3. Sit spin or camel spin - minimum three revolutions 4. Spiral sequence with one forward spiral and one backward spiral (any edge)
Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single Lutz 2. Jump combination: single/single (may include Axel) 3. Back upright spin - minimum three revolutions 4. Forward inside spiral
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none"> 1. Single jump (may include Axel) 2. Jump combination: single/single (may include Axel) 3. Layback spin or camel spin - minimum three revolutions 4. Step sequence - circular
Juvenile & Open Juv.	1:15 max.	<ol style="list-style-type: none"> 1. Single Axel 2. Jump combination: single/single or double/single 3. Layback spin or camel spin - minimum three revolutions 4. Step sequence – circular
Intermediate	1:30 max.	<ol style="list-style-type: none"> 1. Double Salchow or double toe loop 2. Jump combination: single/single or double/single 3. Flying spin, minimum five revolutions 4. Step sequence – straight line
Novice	1:30 max.	<ol style="list-style-type: none"> 1. Double loop 2. Jump combination: double/single or double/double 3. Flying spin - minimum five revolutions 4. Step sequence – straight line

Level	Time	Skating rules/standards
Junior	1:30 max.	<ol style="list-style-type: none"> 1. Double flip 2. Jump combination: double/double or triple/double 3. Combination spin - minimum 10 revolutions 4. Step sequence – straight line
Senior	1:30 max.	<ol style="list-style-type: none"> 1. Double Lutz 2. Jump combination: double/double or triple/double 3. Combination spin - minimum 10 revolutions 4. Step sequence – straight line

Event: Singles jumps challenge:

General Event Parameters:

1. Each jump may be attempted twice; the best attempt will be counted.
2. Pre-juvenile and lower will be skated ½ ice; Juvenile – senior will be skated on full ice
3. Jumps with an “**” must be preceded with connecting steps (intermediate – senior)

Level	Time	Skating rules / standards
No-Test	1:15 max.	<ol style="list-style-type: none"> 1. Single toe loop 2. Single loop 3. Jump combination – Any two ½ or single revolution jumps (no Axel)
Pre – Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single toe loop 2. Single flip 3. Jump combination - Any two ½ or single revolution jumps (no Axel)
Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single flip 2. Single Lutz 3. Jump combination – Any single jump + single loop (may be Axel)
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none"> 1. Single Axel 2. Single or double jump 3. Jump combination – single/single (no Axel)
Juvenile & Open Juv.	1:15 max.	<ol style="list-style-type: none"> 1. Single Axel 2. Double Salchow 3. Jump combination – single/single or double/single (no Axel)
Intermediate	1:15 max.	<ol style="list-style-type: none"> 1. Single Axel 2. Double loop* 3. Jump combination – double/single (no Axel)
Novice	1:15 max.	<ol style="list-style-type: none"> 1. Double loop 2. Double flip* 3. Jump combination – double/double (may be double Axel)
Junior	1:15 max.	<ol style="list-style-type: none"> 1. Choice of double or triple jump 2. Double or triple flip* 3. Jump combination – double/double (may be double Axel)
Senior	1:15 max.	<ol style="list-style-type: none"> 1. Choice of double or triple jump 2. Double or triple Lutz* 3. Jump combination – double/double or triple/double (may be double Axel)

Event: Spins Challenge

General Parameters:

1. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. On required elements may be included.
2. All events are skated on ½ ice.
3. Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
No-Test	1:30 max.	<ol style="list-style-type: none">1. Upright one-foot spin (3)2. Upright two-foot spin (3)3. Sit spin (3)
Pre – Preliminary	1:30 max.	<ol style="list-style-type: none">1. Upright one-foot spin (3)2. Upright back scratch spin (3)3. Sit spin (3)
Preliminary	1:30 max.	<ol style="list-style-type: none">1. Forward scratch to back scratch spin (3)2. Combination spin with no of foot (4)3. Sit spin (3)
Pre – Juvenile	1:30 max.	<ol style="list-style-type: none">1. Camel spin (3)2. Combination spin – camel to sit spin; no change of foot (6)3. Forward to backward scratch spin (3 per foot)
Juvenile & Open Juv.	1:30 max.	<ol style="list-style-type: none">1. Sit spin (4)2. Combination spin – change of foot; optional change of position (4 per foot)3. Girls – layback spin (4); Boys – camel spin (4)
Intermediate	1:30 max.	<ol style="list-style-type: none">1. Flying camel spin (5)2. Sit spin to backward sit spin (4 per foot)3. Combination spin – change of foot & change of position (4 per foot)
Novice	1:30 max.	<ol style="list-style-type: none">1. Choice of camel, sit or layback spin (6)2. Camel spin to backward camel spin (4 per foot in position)3. Combination spin – change of foot & two changes of position (2 per position & 5 per foot)
Junior	1:30 max.	<ol style="list-style-type: none">1. Flying sit spin or flying reverse sit spin (6)2. Ladies – layback spin (6); men – cross-foot spin (6)3. Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)
Senior	1:30 max.	<ol style="list-style-type: none">1. Flying spin of choice (6)2. Solo spin of choice (6) – may not fly3. Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)

Event: Pairs

Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

General Parameters for Pairs Free Skate

2017-18 Pairs Free Skating Requirement – Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc. This chart has been updated with changes from the U.S. Figure Skating Governing Council and ISU Congress that went into effect July 1, 2016:

<http://www.usfsa.org/content/2016-17%20Pairs%20FS%20Chart%20v2%2006-21-16.pdf>

General Parameters for Pairs Short Program

2017-18 Pairs Short Program Requirements-- Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc. This chart has been updated with changes from the U.S. Figure Skating Governing Council and ISU Congress that went into effect July 1, 2016:

<http://www.usfsa.org/content/2016-17%20Pairs%20SP%20Chart%20v3%2006-24-16.pdf>

(Intermediate short program – Rule 5230, Novice short program – Rule 5220, Junior short program – Rule 5210, Senior short program – Rule 5200)

Event: Solo Dance Series Pattern Dance

While this event is affiliated with the National Solo Dance Series, these events in the Cascade Ice Classic are open to all qualified skaters, and entrants in these events are not required to be participants in the National Solo Dance Series.

General Parameters: The Solo Dance Series pattern dance event is comprised of two dances at each level.

1. Levels are based upon the skaters' highest pattern dance test passed.
2. A solo pattern dance competition event will consist of the skater performing two solo pattern dances.
3. Skaters will complete both of the dances at each level. Dances will be scheduled at the discretion of the Chief Referee for each competition and may be competed consecutively or with a break in-between pattern dances groupings.

Level	All pattern dances 3-patterns unless otherwise specified. In accordance with Rule 1060, the second dance will be the tie-breaking dance in the event of any ordinal ties. Music for each pattern dance will be provided by the Dance Referee as prescribed for the National Solo Dance Series by US Figure Skating
Preliminary	1. Rhythm Blues 2. Dutch Waltz
Pre-bronze	1. Fiesta Tango 2. Cha Cha
Bronze	1. Ten Fox 2. Willow Waltz
Pre-silver	1. Foxtrot (4-patterns) 2. European Waltz (2-patterns - ISU)
Silver	1. Rocker Foxtrot (4-patterns) 2. American Waltz (2-patterns – ISU)
Pre-gold	1. Paso Doble 2. Starlight Waltz (2-patterns)
Gold	1. Westminster Waltz (2-patterns) 2. Quickstep
International	1. Silver Samba (2 patterns) 2. Rhumba (4 patterns)

Event: Combined Dance Event – Juvenile Through Senior Levels

The combined dance event is comprised of a solo pattern dance (juvenile through novice only) (drawn at the competition with the starting order from the two designated solo pattern dances selected by U.S. Figure Skating) or a solo short dance (junior and senior only) and a solo free dance, with results combined together for an overall result. The pattern dance competed will be separate from those in the solo pattern dance event and the results will not count towards the solo pattern dance event or results. Refer to the 2017 Solo Dance Series Handbook for the information, content requirements, pattern dances drawn for 2017, and other details. <http://www.usfigureskating.org/content/2017%20SDS%20Handbook%20PDF.pdf>

Event: Shadow Dance National Solo Dance Series

The shadow pattern dance event is offered for the preliminary through senior levels. Refer to the 2017 Solo Dance Series Handbook found at <http://www.usfigureskating.org/content/2017%20SDS%20Handbook%20PDF.pdf> for the shadow pattern dance rules and event.

Level	All pattern dances 3-patterns unless otherwise specified Music for each pattern dance will be provided by the Dance Referee as prescribed for the National Solo Dance Series by US Figure Skating
Preliminary	Canasta Tango
Juvenile	Cha Cha
Intermediate	Fourteenstep (4-patterns)
Novice	Tango (2-patterns)
Junior	Paso Doble
Senior	Silver Samba (2-patterns)

Event: Showcase

A) Dramatic Entertainment Events Format:

- Programs should express intense emotional connection and investment in the music,
- Choreography and theme concept through related skating movements, gestures and physical actions.
- Props and scenery are permitted

General event parameters:

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
2. The determination of level will be based upon test requirement at the entry deadline

3. Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

Event	Must have passed (dance tests refer to solo or partnered standard track)	Must not have passed (dance tests refer to solo or partnered standard track)	Age	Time
Beginner, High Beginner, No Test*Note: these levels do not qualify for National Showcase		Pre-Preliminary Free Skate	No Age restriction	1:30 max
Pre-Preliminary* Note: this level does not qualify for National Showcase		Preliminary Free Skate	No Age restriction	1:30 max
Preliminary	Preliminary Free Skate	Pre-Juvenile Free Skate	No minimum age (max age 20)	1:40 max
Pre Juvenile	Pre Juvenile Free Skate 2 Preliminary Dances	Juvenile Free Skate or Complete Pre-Bronze Dance	No minimum age (max age 20)	1:40 max
Juvenile	Juvenile Free Skate Complete Preliminary Dance	Intermediate Free Skate Any Silver Dance	13 and under	2:10 max
Teen	Juvenile Free Skate Complete Preliminary Dance	Intermediate Free Skate Any Silver Dance	14-17	2:10 max
Intermediate	Intermediate Free Skate Complete Bronze Dance	Novice Free Skate Any Gold Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate Complete Preliminary Dance	Novice Free Skate Any Gold Dance	18-20	2:10 max
Novice	Novice Free Skate One Silver Dance	Junior Free Skate Any Gold Dance	No age restriction	2:10 max
Junior	Junior Free Skate Two Pre-Gold Dances	Senior Free Skate Completed Gold Dance		2:40 max
Senior	Senior Free Skate Complete Gold Dance			2:40 max
Adult Bronze	Adult Bronze Free Skate or Pairs Events or have passed the complete Pre-Bronze Dance Test	Any Pre-Silver Dance Test	21 and older	1:40 max
Adult Silver	Adult Silver Free Skater Pairs Events or have passed one Pre-Silver Dance Test	Any Pre-Gold Dance Test	21 and older	1:40 max
Adult Gold	Adult Gold Free Skate or any Masters Pairs event or have passed one Pre-Gold Dance Test	Complete Pre- Gold Dance Test	21 and older	1:40 max

B) Showcase Light Entertainment Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Props and Scenery are permitted

General event parameters:

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
2. The determination of level will be based upon test requirement at the entry deadline
3. Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

Event	Must have passed (dance tests refer to solo or partnered standard track)	Must not have passed (dance tests refer to solo or partnered standard track)	Age	Time
Limited Beginner, Beginner, No Test* Note: these levels do not qualify for National Showcase		Pre-Preliminary Free Skate	No Age restriction	1:30 max
Pre-Preliminary* Note: this level does not qualify for National Showcase		Preliminary Free Skate	No Age restriction	1:30 max
Preliminary	Preliminary Free Skate	Pre-Juvenile Free Skate	No minimum age (max age 20)	1:40 max
Pre Juvenile	Pre Juvenile Free Skate 2 Preliminary Dances	Juvenile Free Skate or Complete Pre-Bronze Dance	No minimum age (max age 20)	1:40 max
Juvenile	Juvenile Free Skate Complete Preliminary Dance	Intermediate Free Skate Any Silver Dance	13 and under	2:10 max
Teen	Juvenile Free Skate Complete Preliminary Dance	Intermediate Free Skate Any Silver Dance	14-17	2:10 max
Intermediate	Intermediate Free Skate Complete Bronze Dance	Novice Free Skate Any Gold Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate Complete Preliminary Dance	Novice Free Skate Any Gold Dance	18-20	2:10 max
Novice	Novice Free Skate One Silver Dance	Junior Free Skate Any Gold Dance	No age restriction	2:10 max
Junior	Junior Free Skate Two Pre-Gold Dances	Senior Free Skate Completed Gold Dance		2:40 max
Senior	Senior Free Skate Complete Gold Dance			2:40 max
Adult Bronze	Adult Bronze Free Skate or Pairs Events or have passed the complete Pre-Bronze Dance Test	Any Pre-Silver Dance Test	21 and older	1:40 max
Adult Silver	Adult Silver Free Skater Pairs Events or have passed one Pre-Silver Dance Test	Any Pre-Gold Dance Test	21 and older	1:40 max
Adult Gold	Adult Gold Free Skate or any Masters Pairs event or have passed one Pre-Gold Dance Test	Complete Pre- Gold Dance Test	21 and older	1:40 max
Masters	At least the Masters Intermediate or any Masters Pairs Event or have passed the complete Pre-Gold Dance Test		21 and older	1:40 max



NATIONAL SOLO DANCE COMPETITION SERIES 2017 U.S. Figure Skating Solo Dance Series Events

The 2017 Cascade Ice Classic is a participating competition within the 2017 Solo Dance Series.

The solo pattern dance event, solo combined event and shadow dance events are being offered as part of the 2017 U.S. Figure Skating Solo Dance Series and will be conducted in accordance with the 2017 Solo Dance Series Handbook found at <http://www.usfigureskating.org/content/2017%20SDS%20Handbook%20PDF.pdf>. Please refer to the 2017 Solo Dance Series handbook for the current Series rules, levels and event requirements that will be in effect for this competition.

2017 SOLO DANCE SERIES EVENTS BEING OFFERED:

Solo Pattern Dance Event: The solo pattern dance event is comprised of two dances at each level. This event is being offered at the Preliminary, Pre-Bronze, Bronze, Pre-Silver, Silver, Pre-Gold, Gold and International levels. (See pages 13 for dances)

Refer to the 2017 Solo Dance Series Handbook found at <http://www.usfigureskating.org/content/2017%20SDS%20Handbook%20PDF.pdf> for the solo pattern dance event rules, test requirements and details.

Combined Event: The combined dance event is comprised of the following:

1. **JUVENILE, INTERMEDIATE, NOVICE:** One solo pattern dance chosen by the referee out of two possible dances as selected by U.S. Figure Skating This dance will not be posted until the starting order is posted at the competition.
Pattern Dance Selection for Juvenile: Willow Waltz and Hickory Hoedown
Pattern Dance Selection for Intermediate: Fourteenstep and Foxtrot
Pattern Dance Selection for Novice: American Waltz and Killian
JUNIOR, SENIOR: One solo short dance
2. One solo free dance

The pattern dances competed in the combined dance event are separate from those in the solo pattern dance event and the results will not count towards the solo pattern dance event or results. This event is offered at the juvenile, intermediate, novice, junior and senior levels. Refer to the 2017 Solo Dance Series Handbook found at <http://www.usfigureskating.org/content/2017%20SDS%20Handbook%20PDF.pdf> for the combined event rules and details.

Shadow Dance: The Shadow Dance event is offered for the preliminary through senior levels. Refer to the 2017 Solo Dance Series Handbook found at <http://www.usfigureskating.org/content/2017%20SDS%20Handbook%20PDF.pdf> for the shadow dance rules and event details. (See page 13 for dances)



Compete USA COMPETITION

General Information

Facility

SnoKing Ice Arena is located at 12620 164th Ave SE, Renton, WA 98059. The Arena has two ice surfaces. The large oval 180 ft. x 85 ft. with slightly rounded corners surface will be used for the competition and some practice ice. An additional surface, oval 135 ft. x 60ft will be available for unofficial practice throughout the event.

Entries

The entry process will be by **online entry only via Entryyeeze**. Please see the club website at <http://www.cascadevalleyskating.com/index.html> to begin the entry process. **Deadline for entries is 11:59 PM March 25, 2017**. Late entries will be accepted at the discretion of the referee and the Registrar and will be subject to a **\$25 late entry fee. No entries will be accepted after the draw has been completed.**

Privacy Policy

Personal information provided to the host club on the entry form will not be sold or distributed for commercial use.

Fees - The entry fee is \$45 for the first event and \$25 for each additional event entered.

Officials - Competition officials will be selected in accordance with Rule 3120.

Awards - All participants will receive awards.

Eligibility

This competition is open to **ALL** skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Learn to Skate USA program/club or any other Learn to Skate USA program/club.

- Eligibility will be based on skill level as of closing date of entries. All Learn to Skate USA skaters through Basic 6 must skate at highest level passed or one level higher, and **NO** official U.S. Figure Skating Tests may have been passed, including MITF or individual dance.
- Skaters in Pre-Free Skate to Free Skate 6 may skate at highest level passed OR one level higher, BUT not both levels in the same event during the same competition, and may have passed pre-preliminary moves in the field test only.
- Boys and girls, adult men and women may be combined to compete in the same event, at the discretion of the Referee and LOC.
- Events with large numbers of entries may be split into multiple, equal sized groups by age at the discretion of the Referee and LOC. There will be no more than six participants per competition group and all participants will receive an award. Events may be combined for warmup with more than 6 skaters on the ice at one time.

Event: Basic Program Snowplow Sam – Basic 6 with music

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- The skater may use elements from a previous level
- A 0.2 deduction will be taken for each element performed from a higher level

Level	Time	Skating rules/standards
Snowplow Sam	1:10 max.	<ul style="list-style-type: none">• March followed by a two-foot glide and dip• Forward two-foot swizzles, 2-3 in a row• Forward snowplow stop• Backward wiggles, 2-6 in a row
Basic 1	1:10 max.	<ul style="list-style-type: none">• Forward two-foot glide and dip• Forward two-foot swizzles, 6-8 in a row• Beginning snowplow stop on two-feet or one-foot• Backward wiggles, 6-8 in a row
Basic 2	1:10 max.	<ul style="list-style-type: none">• Forward one-foot glide, either foot• Scooter pushes, right and left foot, 2-3 each foot• Moving snowplow stop• Two-foot turn in place, forward to backward• Backward two-foot swizzles, 6-8 in a row
Basic 3	1:10 max.	<ul style="list-style-type: none">• Beginning forward stroking showing correct use of blade• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive• Forward slalom• Beginning backward one-foot glide, either foot• Moving forward to backward two-foot turn on a circle
Basic 4	1:10 max.	<ul style="list-style-type: none">• Backward one-foot glides, right and left• Forward outside edge on a circle, clockwise or counter clockwise• Forward crossovers, 4-6 consecutive, both directions• Beginning two-foot spin, 2-4 revolutions• Backward ½ swizzle pumps on a circle, one direction only
Basic 5	1:10 max.	<ul style="list-style-type: none">• Backward outside edge on a circle, clockwise or counterclockwise• Backward crossovers, 4-6 consecutive, both directions• Advanced two-foot spin, 4-6 revolutions• Forward outside three-turn, right and left• Hockey stop
Basic 6	1:10 max.	<ul style="list-style-type: none">• Forward inside three-turn, right and left• Bunny Hop• Forward spiral on a straight line, right or left• Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry• T-stop, right or left

Event: Pre-Free Skate - Free Skate 6 Program Event

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- Time 1:40 max

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max	<ul style="list-style-type: none">• Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise• One-foot upright spin, optional entry and free-foot position (minimum three revolutions)• Mazurka• Waltz jump
Free Skate 1	1:40 max	<ul style="list-style-type: none">• Forward power stroking, 4-6 consecutive strokes• Upright spin, entry from backward crossovers - minimum 4-6 revolutions• Toe loop jump• Half flip jump
Free Skate 2	1:40 max.	<ul style="list-style-type: none">• Alternating forward outside and inside spirals on a continuous axis (2 sets)• Beginning back spin, up to two revolutions• Half Lutz• Salchow jump
Free Skate 3	1:40 max	<ul style="list-style-type: none">• Alternating Mohawk/crossover sequence, right to left and left to right• Advanced back spin with free foot in crossed leg position, min 3 revs• Loop jump• Waltz jump-toe loop or Salchow-toe loop jump combination
Free Skate 4	1:40 max.	<ul style="list-style-type: none">• Forward power 3's, 2-3 consecutive sets, right or left• Sit spin - minimum three revolutions• Half Loop jump• Flip jump
Free Skate 5	1:40 max.	<ul style="list-style-type: none">• Backward outside three-turn, Mohawk (backward power three-turn), both directions• Camel spin - minimum three revolutions• Waltz-loop jump combination• Lutz jump
Free Skate 6	1:40 max.	<ul style="list-style-type: none">• Split jump or stag jump• Camel, sit spin combination - minimum of four revolutions total• Waltz jump, ½ loop, Salchow jump sequence• Axel jump

ADULT EVENTS: Adult 1-6 Free Skate Program Event:

The skating order of the required elements is optional. The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:30+/-10 sec unless otherwise noted

Level	Time	Elements
Adult 1	1:30	<ul style="list-style-type: none">• Falling and Recovery• Forward Marching• Forward two-foot glide• Forward swizzle (4-6 in a row)• Forward snowplow stop – two feet or one foot
Adult 2	1:30	<ul style="list-style-type: none">• Forward skating across the width of the ice• Forward one-foot glides• Forward slalom• Backward skating• Backward swizzles, 4-6 in a row
Adult 3	1:30	<ul style="list-style-type: none">• Forward stroking using the blade properly• Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise• Backward skating to a long two-foot glide• Forward chasses on a circle, clockwise and counterclockwise• Backward snowplow stop, Right and Left
Adult 4	1:30	<ul style="list-style-type: none">• Forward outside edge on a circle, right and left• Forward inside edge on a circle, right and left• Forward crossovers, clockwise and counterclockwise• Backward one-foot glides, right and left• Hockey stop, both directions
Adult 5	1:30	<ul style="list-style-type: none">• Backward outside edge on a circle, right and left• Backward inside edge on a circle, right and left• Backward crossovers, clockwise and counterclockwise• Forward outside three-turn, right and left• Beginning two-foot spin
Adult 6	1:30	<ul style="list-style-type: none">• Forward stroking with crossover end patterns• Backward stroking with crossover end patterns• Forward inside three-turn, right and left• T-stop• Lunge• Two-foot spin into one-foot spin

Event: Basic Showcase Events

- Duration: 1:00 maximum. Skaters will be divided into age and into four levels:
 - Snowplow Sam
 - Basic 1 & 2
 - Basic 3 & 4
 - Basic 5 & 6
- Theme of skater's choice
- May have music with words
- Skaters will be judged based on their interpretation of the music rather than their technical skills
- Each judge will award one mark for presentation for each skater.
- Costumes should complement music
- Props are limited to one trip on the ice, must be carried by the skater and may not alter the ice surface, i.e. fire or water. Props must be carried on and off the ice by the skater and must be taken to their starting position and removed from the ice within 1 minute.

The Referee and LOC reserve the right to combine Compete USA Basic test levels as appropriate for the purposes of facilitating competitive showcase events.

Event: Free Skate Showcase Events

These events are for Skaters who are at the Pre-Free Skate through Free Skate 6 competitive levels. Although the specific elements listed in the above boxes are not necessary, the skaters should be proficient at that level. (Duration: 1:30 maximum)

- Skaters will be divided into age and into four levels:
 - Showcase Level Pre-Free Skate
 - Showcase Level 1&2
 - Showcase Level 3&4
 - Showcase Level 5&6
- Theme of skater's choice
- May have music with words
- Skaters will be judged based on their interpretation of the music rather than their technical skills
- Each judge will award one mark for presentation for each skater.
- Costumes should complement music
- Props are limited to one trip on the ice, must be carried by the skater and may not alter the ice surface, i.e. fire or water. Props must be carried on and off the ice by the skater and must be taken to their starting position and removed from the ice within 1 minute.

The Referee and LOC reserve the right to combine Compete USA Free Skate test levels as appropriate for the purposes of facilitating competitive showcase events.